



# SPIRIT OF THE CAPITAL YOUTH AWARDS 2010 NOMINATION PACKAGE



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# Spirit of the Capital Youth Awards

For 13 years, CAYFO has celebrated and recognized the talents and contributions of young people in our community at an annual awards ceremony. The purpose of the Spirit Awards is to promote a positive image of young people and to generate awareness of the value of contributions youth make in Ottawa.

Awards are presented to local youth, recognizing their contributions in the following eight categories:

- Academic Perseverance
- Arts & Culture
- Personal Courage
- Service & Caring
- Young Activist
- Young Athlete
- Young Entrepreneurship
- Youth & Technology

## Entry Requirements

Nominees must be below the age of 21 on January 1st, 2010

Nominees must reside within the Ottawa mega-city limits

Nominees must be aware that their name and photograph may be used for publicity before and after the Awards in local media and on CAYFO promotional material

## More Information

For more information about the Spirit Awards or Child & Youth Friendly Ottawa (CAYFO) please email us at [spirit@cayfo.ca](mailto:spirit@cayfo.ca).

## Important Dates

Deadline for Entries:  
Friday, April 2nd, 2010

Finalists Announced: Late  
April 2010

Spirit Awards Gala: Monday,  
May 30th 2010 at the  
Marriott Hotel, Ottawa.



## The Rewards

Winners in each category receive a \$500.00 bursary

Runner-ups in each category receive a \$250.00 bursary

runner-ups) also receive two complimentary tickets to the event, one for themselves and one for a guest of their choice

All short-listed nominees will receive a complimentary ticket to attend the event.

# Award Categories and Criteria

## Academic Perseverance Award

Awarded to a young person who has demonstrated perseverance, determination and a passion for learning.

Perseverance

Demonstrated determination and a passion for learning

Achieved personal success in an academic environment

## Arts & Culture Award

Awarded to a local young artist building community through one or more of the following areas: vocal, visual arts, music, multimedia, dance and theatre/drama.

Worked to build his/her community through vocal, visual, musical, multimedia, dance or theatre/dramatic arts

Displayed creativity and hard work in the pursuit of his/her artistic talents

Used his/her talent and passion for the arts to help others

## Personal Courage Award

Awarded to a person who has surmounted obstacles with optimism and hope, and who has demonstrated perseverance, determination and a passion for life.

Surmounted personal obstacles with optimism and hope

Demonstrated perseverance, determination and a passion for life

Shown themselves to be a strong, upholding member of his/her community

## Youth & Technology Award

Awarded to a young person who has excelled in digital media, IT and/or programming and has demonstrated mentoring and leadership to their fellow youth.

Excelled in digital media, IT and/or programming

Demonstrated mentoring and leadership to their fellow youth

Has used his/her passion or skill with technology to help build community

## Young Activist Award

Awarded to a young person who has taken a stand to bring awareness to an issue or cause through a positive, proactive and solution based approach.

Developed a strong belief about an issue or cause

Taken a stand to bring awareness to this cause

Used a positive, proactive and solution-based approach to address this issue/cause

## Young Athlete Award

Awarded to a young person who has excelled in athletics and/or recreational activities and has demonstrated quality team building, cooperation and leadership skills.

Achieved excellence or personal success in athletics and/or recreational activities

Demonstrated quality team-building, cooperation and leadership skills

## Service & Caring Award

Awarded to a young person who has volunteered meaningfully with their peers or in local charities, organizations or community based groups in a way that encourages and improves the quality of life of others.

Volunteered meaningfully with their peers or in local charities, organizations or community-based groups

Helped to encourage and improve the quality of life of others

Displayed motivation and

## Young Entrepreneurship Award

Awarded to a young person who has demonstrated initiative and creativity through designing and successfully initiating his or her own business and/or through developing an innovative product or service.

Demonstrated initiative and creativity through designing and implementing his/her own business and/or developing an innovative product or service

Displayed leadership and persistence in his/her efforts as an entrepreneur

Overcome challenges to achieve success as a young entrepreneur

For information on past Spirit Award recipients please visit:

[www.spiritawards.ca/nomination.php](http://www.spiritawards.ca/nomination.php)

# Your Guide to a Successful Nomination

## Nominate a young person in 2 easy steps

1. Read through the Nomination Package to review the award descriptions, eligibility, criteria and other important information.
2. Complete the online nomination form at [www.spiritawards.ca/nomination\\_form.php](http://www.spiritawards.ca/nomination_form.php) and send in additional information by **Friday, April 2nd 2010**.



## For your Consideration

Here are a few questions to ask yourself when completing your application:

1. What qualities does the nominee possess?
2. What are his/her future goals?
3. What makes this person stand out from all the other nominations?
4. What pushes the nominee to be successful in this category?
5. Why does this person deserve to win?
6. Has this person overcome any challenges to gain this success?
7. How does this person balance other aspects of their life along with succeeding in this category?
8. Who is this person's role model?
9. What are the nominee's past accomplishments?



